

## ***These things we hold***

**Light Square Gallery**

**2/7 – 31/7/2014**

Zoe Freney

Lara Merrington

Lucy Potter

Ulrica Trulsson

Alice Potter

Talia Wignall

The things we measure our life by are rarely actual things but rather reflections of the values we hold as individuals. Something to guide us, they give our lives shape, and organise our presence and way of being in the world. Although we hold on to them tightly, they shift and grow as we do - what was important as a child becoming less so as we age – and get left by the wayside as we move on from certain selves.

As humans however, we need something more, and transfer these emotions onto objects to solidify our consciousness. Devoid of meaning until we say so, they become anchors for our present and mementos of our past – something physical to cling to - and we hold them just as tightly as the moments they represent.

In *These things we hold*, individual experiences and broader human needs are explored through ceramics, paintings, photographs, jewellery, prints and drawings – processes which themselves have importance in the lives of the artists. Ulrica, Zoe, Lara, Alice, Lucy and Talia make tangible their personal expressions of value and connections to people, places and things, sharing with us the things they hold most dear.

What do you treasure?

Jessie Lumb